

**SWYDDFA'R DIRPRWY ARWEINYDD  
DEPUTY LEADER'S OFFICE**

Fy Nghyf / My Ref: CM38425

Eich Nghyf / Your Ref:

Dyddiad / Date: 11th October 2017

Cllr Lee Bridgeman  
Chair of Children & Young People Scrutiny Committee  
C/O Scrutiny Services  
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Annwyl / Dear Lee

**School Holiday Enrichment Programme**

Thank you for the opportunity to present to the Children and Young People Scrutiny Committee on the School Holiday Enrichment Programme.

The number of schools taking part in the programme has increased each year since its introduction in 2015. We hope that this increase will continue in subsequent years; however, this will be determined by the availability of funding from Welsh Government.

The Welsh Local Government Association is reviewing the availability of the programme for KS1, as additional funding will be required for developing resources and increased staff/pupil ratios.

The most recent child measurement programme for Wales, indicates that 26.2% of children are overweight or obese, 21.5 % in Cardiff and Vale University Health Board, and overweight and obesity in children continues to be an area where more support is needed. As part of the School Holiday Enrichment Programme six sessions were held on nutrition and healthy eating that were delivered by staff trained in the Nutrition Skills for Life Programme, an all Wales training programme written by and delivered by dietitians. Following on from the programme two schools are now supporting the delivery of Cardiff and Vale University Health Board's bespoke weight management programme FitFun, which is currently funded by Families First (Funded until March 2018).

Yn gywir / Yours sincerely

**Councillor / Cynghorydd Sarah Merry**  
**Deputy Leader / Dirprwy Arweinydd**  
**Cabinet Member for Early Years, Children & Families**  
**Aelod Cabinet Dros Y Blynnyddoedd Cynnar, Plant a Phlant, a Heuluuoedd**

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Cyflawni ein gweledigaeth o ddod y brifddinas orau i fyw ynnddi yn Ewrop

Mae'r Cyngor yn croesawu gohebiaeth yn Gymraeg a Saesneg a byddwn yn sicrhau ein bod yn cylathrebu â chi yn eich dewis iaith boed yn Gymraeg, yn Saesneg neu'n ddwyieithog dim ond i chi roi gwybod i ni pa un sydd well gennych. Ni fydd gohebu yn Gymraeg yn creu unrhyw oedi.